

At Landsec, we build and invest in buildings, spaces and partnerships to create sustainable places, connect communities and realise potential. We create places that make a lasting positive contribution to our communities and our planet. We bring people together, forming connections with each other and the spaces we create. And we provide our customers, partners and people with a platform to realise their full potential.

At Landsec, our people are our biggest asset. And because your biggest asset is your health and wellbeing, we want to help you look after it.

Making healthier choices is ultimately up to all of us as individuals. However, as an employer, there's a huge opportunity for Landsec to help everyone adopt healthier behaviours.

Our Health and Wellbeing Policy builds upon the commitments set out in the Health and Safety policy. It also helps us to comply with other relevant statutory provisions, like The Equality Act 2010.

We recognise that wellbeing isn't just going to the gym and eating better; there's a range of physical, psychological and social aspects that contribute to a healthy life. We also recognise that we have a duty of care to protect our people's general wellbeing – both mental and physical.

We'll do this by:

- Identifying areas of risk to physical and mental health so that they can be minimised and managed appropriately.
- Promoting a culture of care and concern for our people, which demands that everybody accepts responsibility for their own and others' wellbeing.
- Providing a comprehensive training offer aimed at providing people with tools for managing their total wellbeing, including mental health.
- Putting in place a system of management practice and controls, which enables employees to enjoy a healthy work-life balance, whilst recognising the impact of personal choice and lifestyle.
- Ensuring the promotion and maintenance of the highest degree of physical, mental and social wellbeing of workers in all occupations.
- Making sure working environments are healthy, safe, secure and suitable.
- Taking reasonable steps to enable disabled people to carry out the role for which they are employed.



Our objective is to have a healthy, happy, engaged and thriving workforce.

**Ownership**

The Executive Leadership Team is responsible for the operation of this policy.

A handwritten signature in black ink, appearing to be 'Mark Allan', written over a horizontal line.

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**Mark Allan**  
Chief Executive

**31 March 2022**